

PH Resource List for “The Climate Emergency, Human Health and the Need for Urgent Climate Action”, with Dr. Nell Thomas, airing November 9, 2023

1. Dr. Nell Thomas Biographical Info: An excerpt from the interview ...

“I was born in 1966, and you know, Terry, I do not recall ever not knowing that global warming was a certainty and a threat to human civilization. My father (an environmentalist, farmer, and a politician) and my mother (teacher and activist) raised us truly off the land. I recall many times hearing my parents comment that everything on the dinner table was from our property.

“Our clothes were from Sally Ann or refurbished by Mom from someone’s castoffs. They didn’t believe in buying new things. For years my bed was a plywood board, cement blocks and a foam mattress. Dad built our home out of salvaged material from a dismantled log barn. He trucked it from Commanda, near North Bay, to Kearney, a town of 300, just north of Huntsville, where I grew up from age 3 to 18. We never had store bought bread, boxed cereals, or cookies. We had the means to buy things but chose not to. I think my mother’s experiences growing up in the Depression Era were significant influences; everything was saved and used again. Rationing was ingrained in her.

“But there was also a constant awareness of the importance of conservation. I grew up hearing that the GHGs emitted by us into the atmosphere could one day eclipse humans - that the gases were accumulating over time, that unless we stopped emitting them, we would eventually cook. This was always a reality for me. The Kyoto Protocol, Paris Agreement, the Rio Summit, David Suzuki were all familiar words in household conversations. You know, my father was influential in changing the laws allowing home production of alcohol in the 1970s after he made a still that produced ethanol for his Volvo.

“I joined Friends of the Earth when I moved to Ottawa as a young adult. I rode a bicycle by choice, made my own yogurt and beansprouts, participated in demonstrations and rallies until school commitments took over.

“My first degree was in Linguistics, studying in French, initially. That led me to a degree in speech-language pathology and a 15-year career, mostly in Muskoka. But I always wanted the body of knowledge that I saw was medicine and so when the Northern Ontario School of Medicine announced its doors were opening, I applied.”

2. Dr. Thomas’ “Climate Corner” columns in ‘The Highlander’:

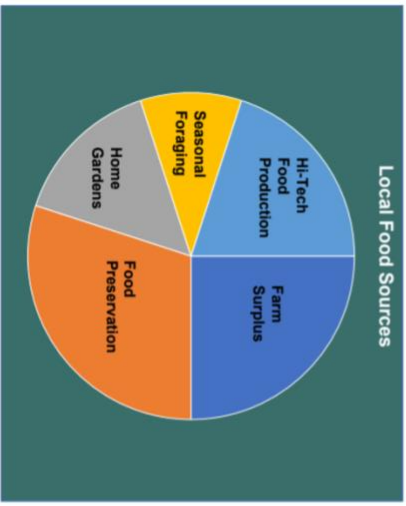
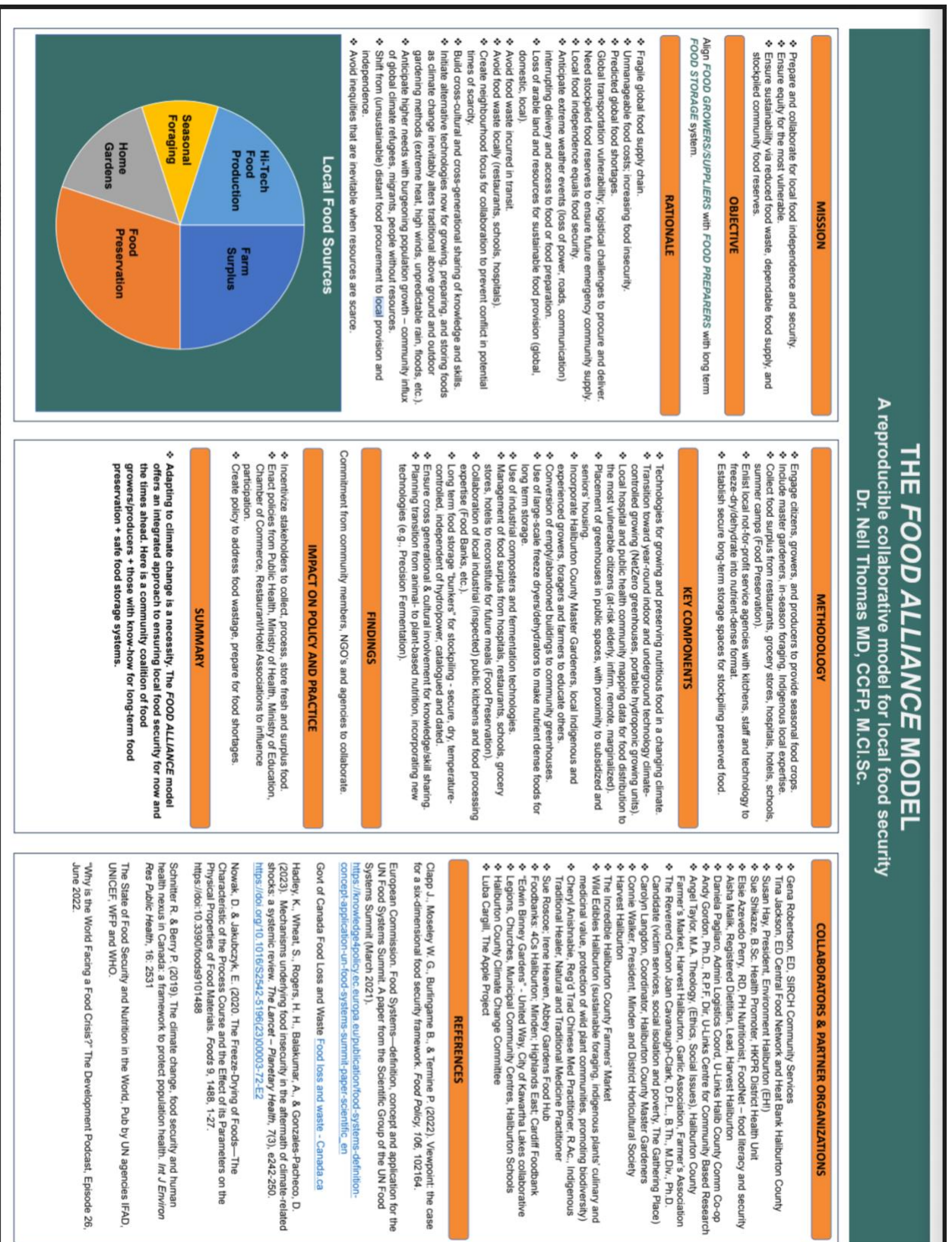
<https://thehighlander.ca/author/drnell/>

THE FOOD ALLIANCE MODEL

A reproducible collaborative model for local food security

Dr. Neil Thomas MD, CCFP, M.C.I.Sc.

3. “Food Alliance” Model for Local Food Security



4. Climate Information and Climate Action Links from the Interview:

- Greta Thunberg: <https://thegretathunbergfoundation.org>
- Inside Clean Energy: <https://insideclimatenews.org/tags/inside-clean-energy/>
- The Energy Mix: <https://www.theenergymix.com>
- The Land Institute: <https://landinstitute.org>
- The Canadian Centre for Climate Services:
<https://www.canada.ca/en/environment-climate-change/services/climate-change/canadian-centre-climate-services.html>
- The Canadian Climate Institute: <https://climateinstitute.ca>
- 440 Megatonnes: <https://440megatonnes.ca/insight/oil-and-gas-emissions-will-overshoot-2030-goal-without-tougher-regulation/>
- Katharine Hayhoe, Climate Scientist: <https://www.katharinehayhoe.com>
 - Planet Haliburton Interview with Hayhoe about her 2022 book “Saving Us”:
<https://planet-haliburton.zencast.website/episodes/saving-us-a-climate-scientists-case-for-hope-and-healing-in-a-divided-world>
- NASA Climate Kids: <https://climatekids.nasa.gov>
- Clover Hogan, Climate Activist: <https://www.cloverhogan.com>
- Just Have A Think: The Climate and Sustainable Energy Channel:
<https://www.youtube.com/@JustHaveaThink>
- ClimateForward: <https://climateforward.org>
- The Crucial Years (Bill Mckibben): <https://billmckibben.substack.com>
- Nature Conservancy Canada: <https://www.natureconservancy.ca/en/>
- Environmental Defence: <https://environmentaldefence.ca>
- David Suzuki Foundation: <https://david Suzuki.org>
- Ecojustice: <https://ecojustice.ca>
- Greenpeace Canada:
<https://www.greenpeace.org/canada/en/story/29559/misogyny-a-weapon-for-climate-deniers/>
- Canadian Association of Physicians for the Environment (CAPE): <https://cape.ca>

Local Groups to Check Out

- Environment Haliburton: <https://www.environmenthaliburton.org>
- Climate Action Muskoka: <https://www.climateactionmuskoka.org/>
- Friends of the Muskoka Watershed: <https://fotmw.org>
- Seniors for Climate Action Now (SCAN!): <https://seniorsforclimateactionnow.org>
- The Haliburton Highlands Land Trust: <https://www.haliburtonlandtrust.ca>
- The Land Between: <https://www.thelandbetween.ca>
- ULinks Centre for Community Based Research: <https://www.ulinks.ca>
- Coalition of Haliburton Property Owners Associations (COHPOA):
<https://www.cohpoa.org>